

## **CURRICULUM VITAE**

### **Personal Information**

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### **Relevant Education**

2023: EMDR Advanced Training

2021: ACT Basic Course

2017: Self-Esteem Training, trained in methods for treating issues like sex addiction (Vat van zelfwaardering).

2011–2015: Specialist Clinical Psychologist Training, Groningen.

2007–2009: Postgraduate Training as a GZ Psychologist, Groningen.

2007: EMDR Basic Course

1999–2005: Psychology, propedeuse and master's degree in clinical and developmental psychology. Faculty of Psychological, Pedagogical, and Sociological Sciences, Groningen.

### **Relevant Work Experience**

2025–Present: Interim Clinical psychologist at Praktijk Voor de Verandering. The project also includes the development and implementation of (new) treatment methods.

2025–Present: Interim Clinical psychologist at Brein in Beweging, Elburg. Treating clients with psychological and physical complaints and (chronic) pain, using body-focused and multidisciplinary approaches. The project also involves professionalization and development/implementation of (new) treatment methods.

2024–Dec 2024: Interim Clinical psychologist at Praktijk Hertig, specialist in body-oriented therapy (boxing therapy).

2023–Dec 2024: Interim Clinical Psychologist at GGZ Centraal Wezep Outpatient Clinic. Treatment and case management tasks as well as project management aimed at optimizing collaboration with various teams and partners.

2020–March 2023: Interim Clinical Psychologist and Team Leader of Dual Diagnosis (psychiatry and addiction) at GGZ Centraal Ermelo. After the closure of the detox department, tasked with creating and implementing a fully ambulatory treatment offering detoxification and treatment of clients suffering from complex psychiatric problems .

2020–2022: Interim Clinical Psychologist at GGZ Centraal Outpatient Adult Care in Wezep.

2015–2020: Clinical Psychologist and Head of Treatment / Dual Manager at Tactus Outpatient Treatment and Guidance, Zwolle. Treatment of youth, forensic patients, and adult clients within basic and specialized mental health care. Also served as care path manager for two organizational-wide care pathways.

2013–Present: Owner of Sielkundig, offering therapy, training, and coaching. Providing individual treatment, (in-company) training, and coaching for teams and individuals.

2013–2016: Senior Lecturer and Instructor in Intercultural Diagnostics and Communication for various postgraduate programs (PPO and RUG).

2010–2015: GZ Psychologist at Inter-Psy in Groningen. Main tasks included conducting complex and long-term individual treatments for adults, sometimes also involving systems and groups.

Additionally, providing work supervision, performing psychodiagnostic assessments, and coordinating/developing the newly established modular part-time treatment program at Inter-Psy. A

group for Mentalization-Based Therapy (MBT) was also set up for Cluster B personality disorders. Areas of focus included trauma (for victims of human trafficking) and (complex) personality disorders.

2010–2009: GZ Psychologist at the newly established forensic Clinic FPC2landen. In January, while the clinic was not yet operational, the duties were temporarily carried out at Kade 17, an outpatient forensic clinic. By May 2009, work was fully conducted at FPC2landen. Main responsibilities included conducting risk assessments, (neuro)psychological diagnostics, work supervision, providing both group (sex crimes and addiction) and individual treatments, team guidance, and leading department-based group discussions. Additionally, worked one day per week as a GZ Psychologist at Inter-Psy in Groningen.

2007–2009: Temporary work for the Dutch Institute for Forensic Psychiatry (NIFP). Main tasks involved interviewing detainees and conducting psychological assessments by court order, under the supervision of a sworn psychologist.

2007–2009: GZ Psychologist in training at Dignis, Elderly Psychiatry, A-borg location in Winschoten. In 2008, the duties were performed within the psychotherapists' team of the outpatient adult department. Main responsibilities included providing short- and long-term treatments both individually and in groups. Work was both inpatient and outpatient. Additionally, conducted intake assessments and (neuro)psychological diagnostics.

2005–2007: Policy Officer at the Interculturalization Platform at GGZ Winschoten.

2005–2007: Psychologist at the PTSD Knowledge Center in Northern Netherlands at GGZ Winschoten, a part-time treatment program for asylum seekers and refugees. Main tasks included conducting intake interviews, coordinating and treating the stabilization group within the part-time program, providing individual treatments, and maintaining consultations at local asylum seeker centers (AZCs).

2005–2007: Co-developing and co-executing self-help groups through GGZ Winschoten.